





EDUCATION FOR LIFE

When you make the decision to become a physician, you are committing yourself to a journey of lifelong learning.

For more than 2,500 physicians, that journey has started in the classrooms and laboratories of Saba University School of Medicine.

The motto of our school—*Education for Life*— is drawn from our promise to provide you with the knowledge and skills that will serve you for the rest of your career.

We do it through small classes, a carefully developed curriculum, close student-teacher interaction, state-of-the-art learning facilities and a superb clinical program at teaching hospitals across the United States and Canada.

Are you ready to begin this journey? When you are, take a close look at Saba University—we are ready to take you where you want to go.



MESSAGE FROM THE PRESIDENT

As you plan your medical education, we are delighted that you are considering Saba University School of Medicine.

Our focus is education—that's something you will notice from the moment you set foot on campus. Our Basic Sciences and Clinical curriculum is second-to-none, with small class sizes and outstanding faculty. We carefully manage our program to assure that when you return for your clinical experience at teaching hospitals in the U.S. and Canada there will be the right number of high quality clerkships.

We are extremely proud of the outstanding performance of Saba students on the USMLE Step 1 and Step 2 exams, our high residency placement rate and the fact that the U.S. Department of Education has approved our students to obtain U.S. Federal Direct student loans. Our Admissions Department is delighted to answer any questions you have about our program. Call or e-mail us at any time.

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President

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THE EDUCATION YOU NEED TO SUCCEED

Students come to Saba University for one reason—Saba has the resources and the reputation that will enable them to launch a successful medical career in the U.S., Canada or virtually anywhere else in the world.

The vast majority of our students are graduates of U.S. and Canadian colleges and universities. They come to Saba University and spend 20 months in our Basic Sciences program and then return "home" to complete their clinical clerkships.

Saba University School of Medicine students who successfully complete the requisite licensing examinations are eligible to practice medicine in Canada, Puerto Rico and all 50 U.S. states. Saba University is one of the few international medical schools approved by the licensing boards in New York, California and Florida.

Saba University's program of medicine is also accredited by the NVAO (in Dutch: Nederlands-Vlaamse Accreditatieorganisatie), an internationally recognized accreditation system.



COMPARE SABA UNIVERSITY

Choosing a medical school is a big decision.

We encourage you to look closely at your options.

When you do, we believe you will find that Saba
University offers something truly unique.

Your Fellow Students: When you come to Saba University, you will be surrounded by students who share your goal to succeed in medicine. Saba students consistently achieve superior results on the critical USMLE licensing exams, and a significant proportion of our graduates obtain leadership positions in their residency programs.

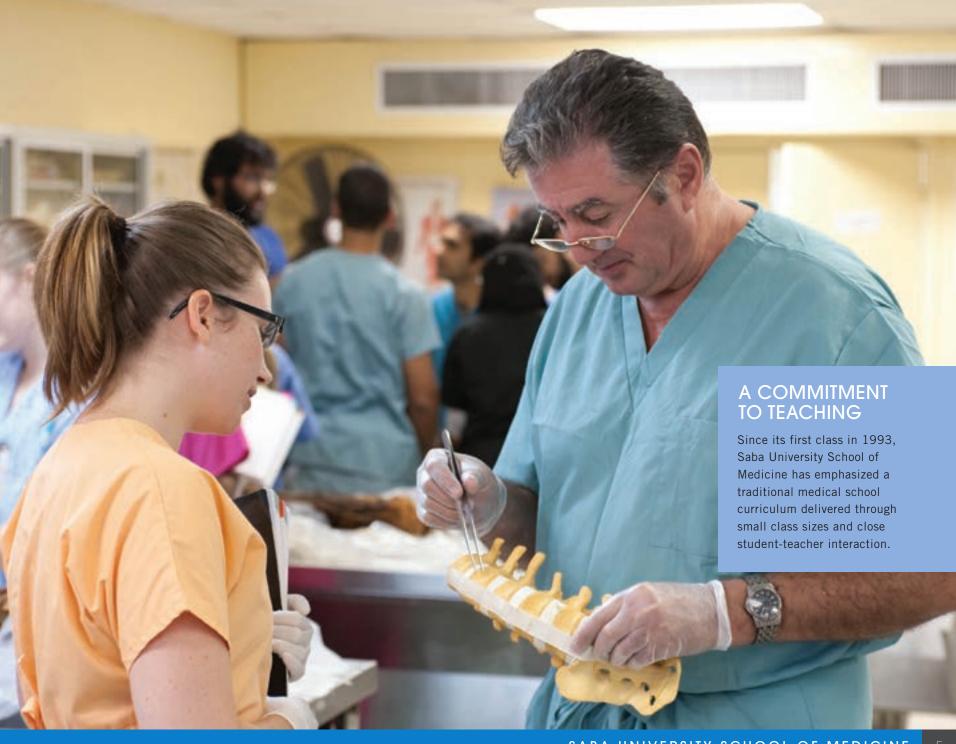
Learning Environment: The anonymous, big lecture hall environment that is standard at many schools does not exist at Saba University. Our class sizes are a fraction of what you will find at other schools. At Saba University, you will know your professors—and they will know you.

Accreditation: Saba University's long track record of success has enabled it to earn accreditation by the Netherlands and approvals from the key states of New York, California and Florida. Graduates of Saba who complete the requisite licensing exams are eligible for practice in all 50 U.S. states and Canada. Very few international medical schools have this level of recognition.

Finish in Four Years: All of our students spend five semesters studying the Basic Sciences curriculum on the Saba University campus and then go back to the U.S. or Canada for another five semesters of clinical rotations (or clerkships) at U.S. or Canadian teaching hospitals. Saba University maintains close control over its clinical program to ensure that there are enough clerkships for you to receive your medical degree in a timely manner and move on to your residency.

Saba—The Island: You probably have never heard of the tiny island nation of Saba. Get ready to be amazed. Saba is as beautiful as any Caribbean location but also convenient to get to, quiet and extremely safe. In short, the perfect environment to concentrate on your demanding medical studies.

Student Loans: Many students obtain financing for their medical education. U.S students are eligible for U.S. Federal Direct student loans. Canadian students can take advantage of loans through the Canadian federal and provincial governments.



ACADEMIC PROGRAM

LEARNING HOW TO BECOME A PHYSICIAN

To effectively teach and assess the knowledge, skills and attitudes needed by all physicians, Saba University School of Medicine has adopted a competency-based curriculum. The competencies include: patient care; scientific and medical knowledge; lifelong learning, scholarship and collaboration; professionalism; communication and interpersonal skills; and the social and community context of healthcare.

Saba University offers a highly integrated curriculum in the Basic Sciences through in-depth examinations of individual systems and associated disease. This experience also provides significant opportunities for early and continued development of a clinically-relevant skill set through the five-semester, progressive Clinical Skills courses:

BASIC SCIENCES CURRICULUM (SEMESTERS 1-5)

- Semester 1: In the first semester at Saba University, you will start with the foundational material including concepts in Molecular Biology, Genetics, Biochemistry and Pharmacology. The workings of the human body including Cell/Tissue Structure & Function and Human Body Structure & Function with human cadavers will follow. You will also take Clinical Skills I.
- Semester 2: Move on to an integrated examination of the body's molecular building blocks in Metabolism & Nutrition as well as Genetics & Development. Learn about the complexities integral to our body's defenses in Infection/Defense/Response. The course, Research Curriculum Evidence-Based Medicine, will give you the skills necessary to assess medical literature and help achieve competency in lifelong learning. During Clinical Skills II you will continue to learn and practice skills essential to the successful physician. All of the material in this semester is integrated into the course, Foundational/ Applied Clinical Correlate, demonstrating the applications of basic science to medicine.
- Semester 3: Start to learn about the inner workings of the brain in Neuroscience, Mind & Behavior.

 Tackle important moral and ethical challenges in Medical Ethics. Epidemiology and Foundational/

 Applied Clinical Correlate courses will further develop your understanding of important concepts and applications to medicine. You will continue to learn and practice the essentials of clinical practice in Clinical Skills III as well as delving into the first of the systems-based courses, Systems & Disease I.
- Semester 4: Explore major bodily systems and their associated diseases in the courses Systems & Disease II IV. Continue to develop your clinical skills with the fourth course in the Clinical Skills series (IV)—great preparation for the clinical clerkships in the U.S. and Canada that will be starting soon. You will also start the Research: Literature Review and Analysis (RLRA) module which extends from semesters Four to Six. In this module you will bring your knowledge of the basic sciences together with your developing research skills to investigate and prepare a critical appraisal of medical literature.
- Semester 5: Expand your knowledge of human systems in Systems & Disease V and further develop your clinical preparation in Clinical Skills V. Continue to work with your faculty research mentor on your RLRA project along with continued emphasis on understanding and interpreting the medical literature in the course, Research Curriculum Critical Appraisal. Prepare extensively for the USMLE Step 1 Exam.





CLINICAL EXPERIENCE

Your clinical education at Saba University School of Medicine takes place primarily in the second half of the academic program: Semesters 6 to 10—your last step before earning your medical degree and entering a residency program.

For your clinical education, you will leave the Saba campus and join students from other schools at teaching hospitals in the United States and Canada. Saba University carefully manages the clinical program to ensure that there are enough clerkship positions to enable our students to complete their clinical semesters without delay.

During these clinical clerkships, students work directly with physicians and hospital staff, conducting physical examinations, history taking, case presentations, laboratory analysis, and attending workshops, conferences and grand rounds.

Your onsite experience in the hospital is supplemented by additional case studies and associated assignments.



REQUIRED CLERKSHIPS

Third-year students complete core clerkships in Surgery, Internal Medicine, Pediatrics, Psychiatry, and Obstetrics and Gynecology.

Specialty	Weeks
Internal Medicine	12
Surgery	12
Obstetrics and Gynecology	6
Pediatrics	6
Psychiatry	6
Total	42

ELECTIVE CLERKSHIPS

In the fourth year, students choose among elective clinical clerkships based upon their projected medical specialty.

Highly recommended electives include:		
Cardiology	Neurology	
Family Medicine	Pathology	
Dermatology	Plastic Surgery	
Emergency Medicine	Radiology	
Anesthesiology	Urology	
Intensive Care Medicine	Vascular Surgery	

AFFILIATED TEACHING HOSPITALS

Aultman Hospital	Canton, OH
Brentwood Behavioral Health	Shreveport, LA
Bridgeport Hospital	Bridgeport, CT
Brookdale University Hospital & Medical Center	Brooklyn, NY
Cape Cod Hospital	Hyannis, MA
Florida Hospital	Orlando, FL
Good Samaritan Hospital	Baltimore, MD
Griffin Memorial Hospital	Norman, OK
Harbor Hospital	Baltimore, MD
Holy Cross Hospital	Silver Spring, MD
Jewish Hospital of Cincinnati	Cincinnati, OH
Larkin Community Hospital	South Miami, FL
Leonard J. Chabert Medical Center	Houma, LA
Memorial Regional Hospital	Hollywood, FL
Northern Virginia Mental Institute	Falls Church, VA
Northwest Hospital	Randallstown, MD
Rochester General Hospital	Rochester, NY
Sheppard Pratt Hospital	Baltimore, MD
Sinai Grace Hospital	Detroit, MI
Spring Grove Hospital	Catonsville, MD
St. Agnes Hospital	Baltimore, MD
St. Luke's Hospital	Kansas City, MO
St. Mary's Health Center	St. Louis, MO
St. Mary's Hospital	Waterbury, CT
Union Memorial Hospital	Baltimore, MD
Wyckoff Heights Medical Center	Brooklyn, NY



STUDENT LIFE

What will it be like to spend 20 months studying medicine at Saba University? Probably, similar to what it will be like studying medicine anywhere else.

On campus, students are required to meet attendance requirements and encouraged to get together regularly with their professors outside of class. Saba University faculty typically maintain an "open door" policy for impromptu student consultation and also provide their contact information for when they are not on campus.

Of course, as at any school, there is a life outside the classroom. At Saba University, there is a wide array

of student organizations as well as an active Student Government Association. Many students get involved in local programs focused on enhancing the health of the Saba community.

Where will you live? At Saba University, all unaccompanied first-semester students live in one of three on-campus dorms. After that, the school housing office works closely with the local community to help arrange off-campus housing—there are many options, often with stunning views of the Caribbean.



STUDENT LIFE



LIFE ON SABA

What, you have never heard of the island nation of Saba? Well, consider yourself in good company. As a special municipality of the Netherlands, Saba is quiet and extremely safe. Essentially the island is a series of mountains—with a single road (and many beautiful hiking paths) connecting the tiny hamlets.

So much of Saba is untouched, inhabitants proudly refer to their island as "The Unspoiled Queen." But there is no shortage of things to do when students need a break from their studies. Saba has always been a destination for discriminating travelers who have long enjoyed its small hotels, guest houses and highly regarded restaurants.

The view from Mount Scenery, the highest point on the island, is stunning. The hiking trails are nearly endless. And because the water surrounding Saba's coastline (up to a depth of 60 meters) is part of a protected National Marine Park, Saba is widely considered one of the best diving locations in the world.

Transportation on and around Saba is easy and, given the scenery, extremely enjoyable. A tenmile-long concrete road hugs the mountainsides of Saba, from the airport in the north to the southernmost town, The Bottom, which is also home to Saba University. The entire trip from north to south can be made in less than 20 minutes.







SABA AT A GLANCE

Location: 28 miles (15 minutes by air) south

of St. Maarten

Nationality: Netherlands

Inhabitants: 1,400

Language: English

Getting there: You are required to go through St. Maarten, which is served by many major airlines. From St. Maarten, you travel to Saba via a 15-minute flight on Winair (Windward Islands Airways), which makes several flights each day, or by boat (90 minutes).

Currency: The U.S. dollar is accepted everywhere

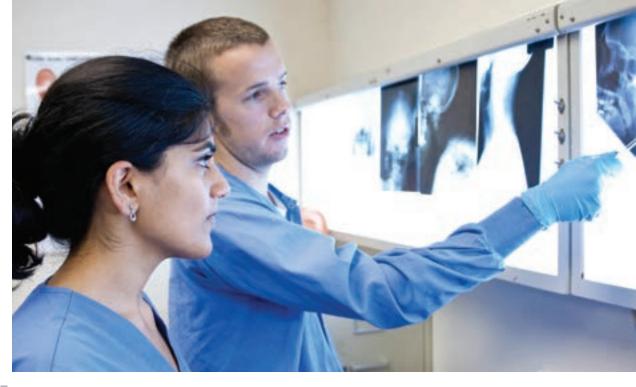
on the island.

Electricity: 110V. cycle—same as in the U.S.

and Canada

Customs and Immigration: U.S. and Canadian

citizens need a valid passport.



GETTING STARTED

Saba University has built its reputation through a careful admissions process that looks at each applicant individually. We want to know as much as possible about you, and what you will bring to the practice of medicine, as we do about your GPA and performance on standardized tests.

Applying is easy—you can do it anytime, online at www.saba.edu/apply. If you have any questions, e-mail admissions@saba.edu or call 978-862-9600 and press "1" for the Admissions Department.

Saba University has three start dates every year—new students can begin their medical studies in September, January or May. For that reason, we accept applications throughout the year.

Applicants are encouraged to submit their documents early—generally six to eight months in advance to ensure that their files are complete for consideration at least three months prior to the semester of their first choice. Since the number of students in each class is limited, and the application pool competitive, early applicants have a better chance of securing a place in the semester of their choice.

APPLICATION REQUIREMENTS

The following are required to complete the application process:

- A completed application form along with a personal statement and resume. Applications can be completed online at www.saba.edu.
- Application fee (\$75.00 U.S.) Payment of the application fee can be made online, or by check or money order drawn on U.S. funds.
- Official transcript(s) from each college/ university or professional school attended.
 Student issued copies may suffice, pending official transcripts.
- Two letters of recommendation from college/university professors or physicians who have supervised you in a medically relevant setting. Evaluations from a college pre-medical committee are accepted in lieu of individual letters.
- Two (2" X 2") color, passport-size photos
- All applicants who are U.S. citizens, nationals or permanent residents are required—and all other applicants are strongly encouraged—to take the MCAT.
- TOEFL official report, if applicable.

ACADEMIC REQUIREMENTS

Applicants from the U.S. or Canada are expected to have a minimum of three years of undergraduate studies or the equivalent of 90 semester hours or 135 quarter hours, including pre-medical requirements, from an accredited college or university. A baccalaureate degree is recommended but not required.

The following courses are considered standard pre-medical requirements for admission. Exceptions will be considered on an individual basis.

- General biology, anatomy or zoology
- General/inorganic chemistry (with lab)
- Biochemistry/organic chemistry (with lab)
- A broad background in humanities, social sciences or physical sciences and computer skills

EXPERIENCE

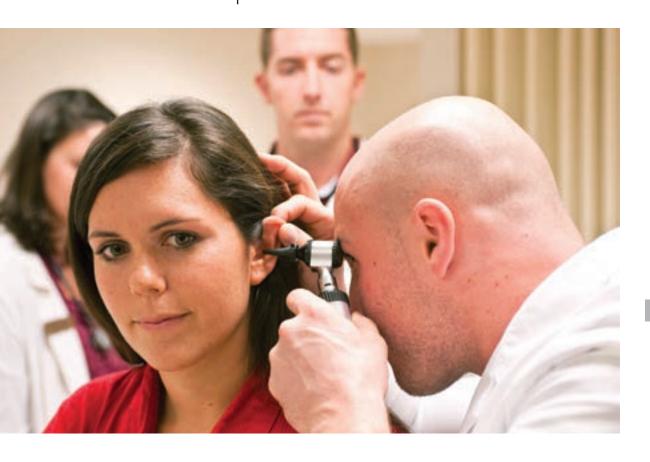
Prior to matriculation, applicants are expected to have completed a minimum of 50 hours of patient care experience, i.e., volunteering in a hospital, shadowing a physician, etc.

TUITION AND FEES

The application fee is \$75. Upon acceptance, students can ensure a place through a \$750 nonrefundable deposit. The per semester tuition at Saba University is: Basic Sciences tuition (Semesters 1–5)—\$16,000 per semester; Clinical Medicine tuition (Semesters 6–10)—\$18,350 per semester.

FINANCIAL AID

U.S students are eligible for U.S. Federal Direct student loans. Canadian students can take advantage of loans through the Canadian federal and provincial governments. Additional information regarding financial aid may be found on the Financial Aid section of the university website (www.saba.edu/admissions/financial-aid). To contact the Financial Aid office, dial 978-862-9600 and press "3" for Financial Aid.



ARE YOU READY?

The most important factor in determining whether you are right for Saba University is what you, as a person, will bring to the study and practice of medicine—your overall commitment to learning, intellectual curiosity, sense of responsibility, moral outlook, commitment to your fellow man and, most important of all, your very sincere interest in the profession of health care.

Medicine is a science. It's evidence-based. It's a world of protocols and procedures. But doctors are human beings, too. The first criterion for success: you must really want to become a doctor. If that's you, we want to know more about you.





